

Urgent!!!

Proven Strategies For Reducing Insurance Costs Through A Healthier Workforce

This valuable, interactive webinar (webcast) will explore best practices that employers have used nationally to reduce insurance costs through a healthier workforce and explain the wellness and prevention programs available from Wellspring Healthcare.

Learning Objectives

- ☀ Become familiar with available no cost wellness and prevention programs.
- ☀ Discuss key philosophies regarding wellness and prevention.
- ☀ Understand the five essential elements of an effective wellness & prevention program and best practices used by employers nationally.
- ☀ Become familiar with legal strategies to hire a healthier workforce.

About the Speaker

Thomas J. Montgomery, MHA, MBA, CHC, President & CEO of Wellspring Healthcare Enterprises, Inc. educates employers, insurance professionals, and health and wellness providers nationally regarding aligned strategies resulting in the quantifiable reduction of insurance costs through wellness and prevention as risk reduction strategies.

Additionally, Montgomery has designed and implemented wellness and prevention programs for hundreds of employers nationally ranging from large clients with 10,000+ employees and hundreds of locations to single site employers with less than ten employees. Through these experiences, he has identified best practices resulting in 95%+ employee participation, low implementation costs, and a positive return on investment after only one year.

Montgomery has two graduate degrees, a Master of Health Administration from the prestigious School of Public Health at the University of Minnesota and a Master of Business Administration with a dual emphasis in Finance and Strategic Planning, and a Bachelor's in Business Administration with an emphasis in Health Administration. Additionally, he is a Certified Health Coach (CHC).

To Register For An Informational Webinar

1. Visit Wellspring's Resource Site @ www.wellspringhealthcare.org
2. Select "Resources" on the top navigation bar
3. Choose "Employer Resources" on the left/vertical navigation bar
4. Register for upcoming webinar [here!](#)

Who Should Attend?

Anyone who has responsibility and/or an interest in improving the profitability of their organization and those involved with their company's benefit plan design including:

- ☀ Business Owners
- ☀ Chief Executive Officers
- ☀ Chief Financial Officers
- ☀ Risk Management Professionals
- ☀ Human Resource Professionals

What Services Does Wellspring Offer?

- ☀ Wellness Programs
- ☀ Health Risk Assessments
- ☀ Health Coaching
- ☀ Small Group Classes (weight loss, smoking cessation, stress reduction, etc.)
- ☀ Health Challenges
- ☀ Discounted Blood Profiles
- ☀ Functional Testing
- ☀ Drug Screens

